

**California Client Information Form,  
Acknowledgement, & Consent to Receive Treatment  
(In accordance with California Senate Bill SB-577)**

**What is Reiki?**

Reiki is a form of complementary health care practice, which has been found to enhance the body's ability to heal itself.

**What Reiki is not**

Your practitioner is not a licensed physician, and Reiki does not require licensing by the state. It is meant to be a complement to 'healing arts services licensed by the state'; i.e., they are a complement to traditional Western medicine provided by doctors, nurses, and other licensed medical professionals.

**Theory of Treatment**

Stress, trauma, and illness restrict the natural flow of ki (chi) or 'life force energy' through the body. By restoring the flow of life force energy through the body, Reiki rejuvenates the body's ability to relax and therefore supports the body's ability to heal itself.

Although one session may be adequate, long-term imbalances in the body sometimes require multiple treatments in order to allow the body to reach the level of relaxation necessary to bring the system back into balance. Improvement often requires commitment on the client's part (e.g., willingness to make lifestyle changes) in order to fully benefit from Reiki treatment(s).

**Nature of the Services Provided**

During a Reiki session, the client is asked to lie down. S/he remains fully clothed during the treatment session. The practitioner will ask permission to place his/her hands on your body but only in a manner acceptable to you and within the legal limits of his/her practice as a Reiki practitioner.

**Dr. Natalie Newton's Qualifications**

Natalie Newton, Ph.D. is a Certified Reiki Master practitioner in Usui Reiki, trained under Kerri Draper at Huntington Beach Reiki in Costa Mesa, CA and Anne Reith, Ph.D. at the Institute for Mediumship, Psychic, Astrological & Reiki Training (IMPART) in Tustin, CA. Natalie earned her Ph.D. in Anthropology at the University of California, Irvine in 2012. She has worked in domestic and sexual violence with 100+ hours of advocacy and counseling training. She has also 40+ hours of training in LGBT and coming out support through the University of California Irvine LGBT Mentors Program, under the supervision of the UCI Counseling Center. More about her can be found here: [www.natalienewtonteaching.wordpress.com](http://www.natalienewtonteaching.wordpress.com)

**Acknowledge & Consent to Receive Services**

In order to use Dr. Newton's services, California state law requires that you acknowledge receipt of the information provided in this form and that you sign it. You will be provided with a copy for your signature at your first visit. Dr. Newton will keep the original records for three (3) years.

- I have read and understand the above guidelines and disclosure about the treatments and techniques offered by Natalie Newton, Ph.D., as well as her training and education.

- I have discussed with Natalie any concerns I have about the nature of the treatment that she will provide.
- If I experience any discomfort during the session(s), I agree to immediately inform Natalie.
- I understand that it is my responsibility to maintain a relationship for myself and/or my child with a medical doctor.
- I understand that Reiki is not a substitute for medical treatment or medications. I am aware that Natalie Newton does not diagnose illness or disease nor does she prescribe medications or recommend supplements. I understand that any suggestions that are provided to me should not be taken as a diagnosis or recommendation against the advice of a licensed physician or mental health professional.
- I have consented to use the services offered by Dr. Newton, and I agree to be personally responsible for her fees in connection with the services provided.
- If requested, I have been provided with a copy of California Senate Bill SB-577.

**Client Acknowledgment**

I have read and understand the above disclosure regarding Reiki treatment(s) I will be receiving from Natalie Newton, Ph.D. I have been provided a copy of the above document, in accordance with California state Law SB-577:

\_\_\_\_\_  
 Printed name of client

\_\_\_\_\_  
 Printed name of person signing (if different)

\_\_\_\_\_  
 Relationship to client

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Date